

Workshops on developing the Palliative Care EPA in Singapore

Entrustable Professional Activities (EPAs) are a framework for competency-based assessment in nursing, particularly useful in palliative care. They define specific, observable tasks or activities within palliative care that a supervisor can entrust to a trainee after they demonstrate sufficient competence. EPAs help standardize training, promote flexibility, and facilitate a mindset shift towards competency-based practice.

What are EPAs in Palliative Care Nursing?

EPAs in palliative care nursing represent key activities that a palliative care nurse is entrusted to perform independently after demonstrating proficiency. These activities are typically embedded within the daily workflow and focus on assessing and managing the complex needs of patients with serious illnesses and their families.

Synopsis

Workshop 1:

Introduction of EPA and the Competency framework

In this workshop, the learner will learn about incorporate the palliative care nursing competency framework into the EPAs and how to break down complex palliative care into manageable, observable tasks, such as assessing pain, managing symptoms, providing emotional support, and communicating with the interprofessional team

Workshop 2:

Supervision and entrustment

In this EPA workshop, learner will outline the level of supervision required for each activity, allowing supervisors to gradually entrust more independent practice to the trainee as their competency grows.

Workshop 3:

Assessment and feedback:

In this EPA workshop, learner will discuss a framework for ongoing assessment and feedback, enabling supervisors to track progress and identify areas for improvement

Workshop 4:

Integration into clinical practice and collaboration:

In this EPA workshop, learner will learn how to integrated the EPAs into the daily workflow, making assessment more efficient and relevant to real-world practice and collaboration with other healthcare professionals, such as physicians, social workers, and chaplains, in providing holistic care.